

PEACE MEAL SENIOR NUTRITION PROGRAM MENUS

3-Apr	4-Apr	5-Apr	6-Apr	7-Apr
Meatloaf	Roast Turkey	Beef Tips & Gravy	Herb Roasted Pork Loin	BBQ Baked Chicken
Lima Beans	Mashed Potatoes & Gravy	Noodles	Baked Sweet Potato	Baked Beans
Oven Brown Potatoes	California Vegetables	Candied Carrots	Vegetable Medley	Cucumber & Onion Salad
White or Wheat Bread	White or Wheat Bread	Caesar Salad	Pears	White or Wheat Bread
Fruit Pie	Fresh Fruit	Garlic Bread	White or Wheat Bread	Peach Cobbler
		Apricots	Brownies	

10-Apr	11-Apr	12-Apr	13-Apr	14-Apr
Honey Glazed Pork Chops	Fiesta Steak	Ham & Beans	Baked Chicken Breast	Baked Crusted Tilapia
Vegetable Blend	Squash Corn Casserole	Fried Potatoes	Mashed Potatoes w/Gravy	Stewed Tomatoes
Three Bean Salad	Tossed Salad w/Dressing	Mixed Greens	Wax Beans	Peas & Carrots
Hot Sliced Apples	White or Wheat Bread	Pears	White or Wheat Bread	Cheese Herb Biscuit
White or Wheat Bread	Fruit Cup	Cornbread	Peaches	Mandarin Oranges
Cheesecake		Cookie		

17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
Swedish Meatballs	Breaded Pork Steak w/Onions	Oven Fried Chicken	Beef Soft Taco	Glazed Ham
Rice	Roasted Potatoes	Cheesy Hashbrown Casserole	Pinto Beans	Scalloped Potatoes
Broccoli	Braised Cabbage	Glazed Carrots	Fiesta Corn Salad	Green Beans w/Bacon & Onion
Red Bean Salad	Cornbread	Peaches	White or Wheat Bread	Pineapple
White or Wheat Bread	Tropical Fruit	White or Wheat Bread	Pears	White or Wheat Bread
Applesauce		Banana Cream Pie		Angel Food Cake

24-Apr	25-Apr	26-Apr	27-Apr	28-Apr
Herb Roasted Chicken	Bow Tie Noodles w/Italian Sausage	Sliced Turkey	Salisbury Steak	Baked Fish
Baby Baked Potatoes	Italian Tossed Salad	Mashed Potatoes w/Gravy	Baked Potatoe	Baked Beans
Mixed Vegetables	Butter Beans	Vegetable Medley	Spinach Bake	Cole Slaw
White or Wheat Bread	Garlic Bread Sticks	White or Wheat Bread	White or Wheat Bread	White or Wheat Bread
Pears	Fruited Jello	Blueberry Cobbler	Peaches	Mandarin Oranges

1-May	2-May	3-May	4-May	5-May
Meatloaf	Roast Turkey	Beef Tips & Gravy	Herb Roasted Pork Loin	BBQ Baked Chicken
Lima Beans	Mashed Potatoes & Gravy	Noodles	Baked Sweet Potato	Baked Beans
Oven Brown Potatoes	California Vegetables	Candied Carrots	Vegetable Medley	Cucumber & Onion Salad
White or Wheat Bread	White or Wheat Bread	Caesar Salad	Pears	White or Wheat Bread
Fruit Pie	Fresh Fruit	Garlic Bread	White or Wheat Bread	Peach Cobbler

		Apricots	Brownies	
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8-May	9-May	10-May	11-May	12-May
Honey Glazed Pork Chops	Fiesta Steak	Ham & Beans	Baked Chicken Breast	Baked Crusted Tilapia
Vegetable Blend	Squash Corn Casserole	Fried Potatoes	Mashed Potatoes w/Gravy	Stewed Tomatoes
Three Bean Salad	Tossed Salad w/Dressing	Mixed Greens	Wax Beans	Peas & Carrots
Hot Sliced Apples	White or Wheat Bread	Pears	White or Wheat Bread	Cheese Herb Biscuit
White or Wheat Bread	Fruit Cup	Cornbread	Peaches	Mandarin Oranges
Cheesecake		Cookie		

15-May	16-May	17-May	18-May	19-May
Swedish Meatballs	Breaded Pork Steak w/Onions	Oven Fried Chicken	Beef Soft Taco	Glazed Ham
Rice	Roasted Potatoes	Cheesy Hashbrown Casserole	Pinto Beans	Scalloped Potatoes
Broccoli	Braised Cabbage	Glazed Carrots	Fiesta Corn Salad	Green Beans w/Bacon & Onion
Red Bean Salad	Cornbread	Peaches	White or Wheat Bread	Pineapple
White or Wheat Bread	Tropical Fruit	White or Wheat Bread	Pears	White or Wheat Bread
Applesauce		Banana Cream Pie		Angel Food Cake

22-May	23-May	24-May	25-May	26-May
Herb Roasted Chicken	Bow Tie Noodles w/Italian Sausage	Sliced Turkey	Salisbury Steak	Baked Fish
Baby Baked Potatoes	Italian Tossed Salad	Mashed Potatoes w/Gravy	Baked Potatoe	Baked Beans
Mixed Vegetables	Butter Beans	Vegetable Medley	Spinach Bake	Cole Slaw
White or Wheat Bread	Garlic Bread Sticks	White or Wheat Bread	White or Wheat Bread	White or Wheat Bread
Pears	Fruited Jello	Blueberry Cobbler	Peaches	Mandarin Oranges

29-May	30-May	31-May	1-Jun	2-Jun
Meatloaf	Roast Turkey	Beef Tips & Gravy	Herb Roasted Pork Loin	BBQ Baked Chicken
Lima Beans	Mashed Potatoes & Gravy	Noodles	Baked Sweet Potato	Baked Beans
Oven Brown Potatoes	California Vegetables	Candied Carrots	Vegetable Medley	Cucumber & Onion Salad
White or Wheat Bread	White or Wheat Bread	Caesar Salad	Pears	White or Wheat Bread
Fruit Pie	Fresh Fruit	Garlic Bread	White or Wheat Bread	Peach Cobbler
		Apricots	Brownies	

5-Jun	6-Jun	7-Jun	8-Jun	9-Jun
Honey Glazed Pork Chops	Fiesta Steak	Ham & Beans	Baked Chicken Breast	Baked Crusted Tilapia
Vegetable Blend	Squash Corn Casserole	Fried Potatoes	Mashed Potatoes w/Gravy	Stewed Tomatoes
Three Bean Salad	Tossed Salad w/Dressing	Mixed Greens	Wax Beans	Peas & Carrots

Hot Sliced Apples	White or Wheat Bread	Pears	White or Wheat Bread	Cheese Herb Biscuit
White or Wheat Bread	Fruit Cup	Cornbread	Peaches	Mandarin Oranges
Cheesecake		Cookie		

12-Jun	13-Jun	14-Jun	15-Jun	16-Jun
Swedish Meatballs	Breaded Pork Steak w/Onions	Oven Fried Chicken	Beef Soft Taco	Glazed Ham
Rice	Roasted Potatoes	Cheesy Hashbrown Casserole	Pinto Beans	Scalloped Potatoes
Broccoli	Braised Cabbage	Glazed Carrots	Fiesta Corn Salad	Green Beans w/Bacon & Onion
Red Bean Salad	Cornbread	Peaches	White or Wheat Bread	Pineapple
White or Wheat Bread	Tropical Fruit	White or Wheat Bread	Pears	White or Wheat Bread
Applesauce		Banana Cream Pie		Angel Food Cake

19-Jun	20-Jun	21-Jun	22-Jun	23-Jun
Herb Roasted Chicken	Bow Tie Noodles w/Italian Sausage	Sliced Turkey	Salisbury Steak	Baked Fish
Baby Baked Potatoes	Italian Tossed Salad	Mashed Potatoes w/Gravy	Baked Potatoe	Baked Beans
Mixed Vegetables	Butter Beans	Vegetable Medley	Spinach Bake	Cole Slaw
White or Wheat Bread	Garlic Bread Sticks	White or Wheat Bread	White or Wheat Bread	White or Wheat Bread
Pears	Fruited Jello	Blueberry Cobbler	Peaches	Mandarin Oranges

26-Jun	27-Jun	28-Jun	29-Jun	30-Jun
Meatloaf	Roast Turkey	Beef Tips & Gravy	Herb Roasted Pork Loin	BBQ Baked Chicken
Lima Beans	Mashed Potatoes & Gravy	Noodles	Baked Sweet Potato	Baked Beans
Oven Brown Potatoes	California Vegetables	Candied Carrots	Vegetable Medley	Cucumber & Onion Salad
White or Wheat Bread	White or Wheat Bread	Caesar Salad	Pears	White or Wheat Bread
Fruit Pie	Fresh Fruit	Garlic Bread	White or Wheat Bread	Peach Cobbler
		Apricots	Brownies	